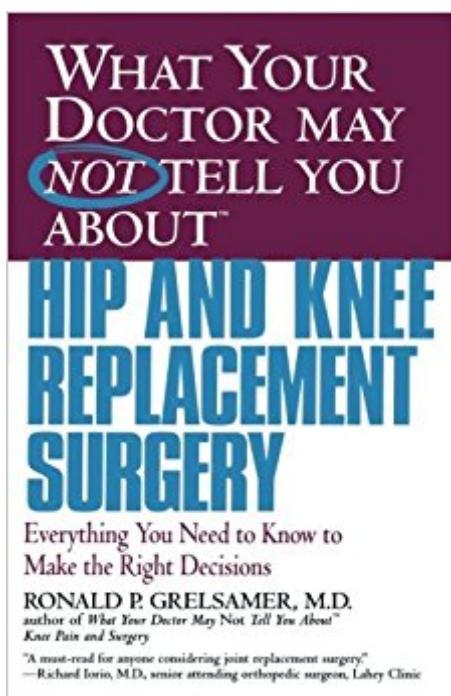


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# What Your Doctor May Not Tell You About(TM) Hip And Knee Replacement Surgery: Everything You Need To Know To Make The Right Decisions (What Your Doctor May Not Tell You About...(Paperback))



## Synopsis

Readers get the facts they need to make informed decisions about hip and knee replacement surgeries-the two most common joint replacements in America. Hundreds of thousands of Americans suffer from painful, deteriorating joints-and for many, surgery is their only option for relief. Now, Dr. Ronald P. Grelsamer gives readers all the information they need to decide whether hip or knee replacement is the right choice. From the history and evolution of joint implants to the significant differences between types of implants and surgeries, he arms readers with the need-to-know facts for a lasting recovery, including a step-by-step physical program to recover from surgery in the shortest time possible. Dr. Grelsamer also examines the risks and limitations, informing readers under which conditions surgery would actually be more damaging than beneficial. This complete guide addresses every area of concern that a patient may have and enables them to take control, ask the right questions, and live joint-pain free!

## Book Information

Series: What Your Doctor May Not Tell You About...(Paperback)

Paperback: 288 pages

Publisher: Grand Central Publishing; 1 edition (April 1, 2004)

Language: English

ISBN-10: 0446679771

ISBN-13: 978-0446679770

Product Dimensions: 5.5 x 0.7 x 8.5 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 15 customer reviews

Best Sellers Rank: #1,045,649 in Books (See Top 100 in Books) #39 in Books > Health, Fitness & Dieting > Exercise & Fitness > Hip & Thigh Workouts #354 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Physical Impairments #402 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Musculoskeletal Diseases

## Customer Reviews

Dr. Grelsamer is the chief of hip and knee construction at Maimonides Medical Center and is on staff at Beth Israel Medical Center, the Hunter Mountain Sports Clinic, and the Hospital for Joint Diseases. He is also an assistant professor of Orthopedic Surgery at Columbia University and has published over 50 articles about the knee and orthopedics.

Somewhat dated, better books out there!

With experience and humor Dr. Grelsamer offers us what we need to know to decide about surgery and to prepare for surgery. In my case, total knee replacement surgery. This book is very up to date; the facts don't change. I read it several times before surgery and once afterwards. I have given copies to many friends soon to have, or who will eventually have, total knee replacement surgery. Grelsamer is an excellent surgeon but not one who rushes to surgery.

I bought this book as I am having total knee replacement in a few months. I know that because I had a total hip replacement in September 2011. This book was published a few years ago but I read the whole book and I will say that everything that was described in the section about hip replacement before, during and after the surgery is pretty accurate.

I found this book to be extremely positive and informative. Although it focuses on the knee and hip, I would recommend it to anyone facing non-emergency surgery. This book does explain in layman's terms the actual procedures for a knee or hip, however what I found most helpful was the information on how to prepare for surgery, what to expect the day of surgery such as hospital procedures, and post surgery. The technicalities of surgeries for other joints are easily obtainable on-line. It was the info mentioned above surrounding the hospital experience that I felt to be the most helpful and empowering.

This really is just that, a great book. He explains in plain English the information you need to know about your hips and knees. He talks about when to go for surgery and when to avoid it. How to tell if you have a good Dr. and how to find a great Dr. He explains the anatomy and the principles in plain and clear English. He is truly an excellent writer and I cannot more strongly recommend his work.

Because I am considering a knee replacement, this book had lots of helpful info. There were plenty of details and excellent suggestions for dealing with knee/hip replacement issues. I had already done considerable research, but this book went significantly beyond what I had learned. Written in an interesting manner and by an "insider" who seeks to inform rather than having an ax to grind with other doctors.

very good advice , highly recommend, somewhat skeptical of medical field with good suggestions of

how to avoid problems by asking the right questions(I'm in the medical field and agree with his views) john

I just reread Dr. Grelsamer's book and I've also read his other book solely about knee replacement surgery. I have reread the book as I am facing total hip replacement surgery. I am as a reviewer uniquely placed to write this review because Dr. Grelsamer WAS my own knee surgeon a few years ago when I required a partial knee replacement. He has since retired from clinical practice and now is entirely a faculty member at the Mt.Sinai Medical Center Icahn School of Medicine...indeed my now hip surgeon is a colleague of his to whom he has sent his patients after he retired. Dr. Grelsamer is one of finest and most eminent orthopedic surgeons in the nation as I can personally attend and while in his later clinical years he did mostly knee work, he had previously performed much hip replacement surgery. This is a superb book. It is however almost ten years old and does not have updated information on hip resurfacing and on the anterior surgical approach for hip replacement. I thus suggest you read this book AND another more recent one to get the information on newer developments. I hope Dr. Grelsamer will write a newer 2nd edition to this book that updates it. However....everything in this book is still very relevant and the author writes smoothly and understandably and even with a sense of humor. If you are contemplating knee or hip replacement surgery, I cannot recommend this book too strongly. It is superb.

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